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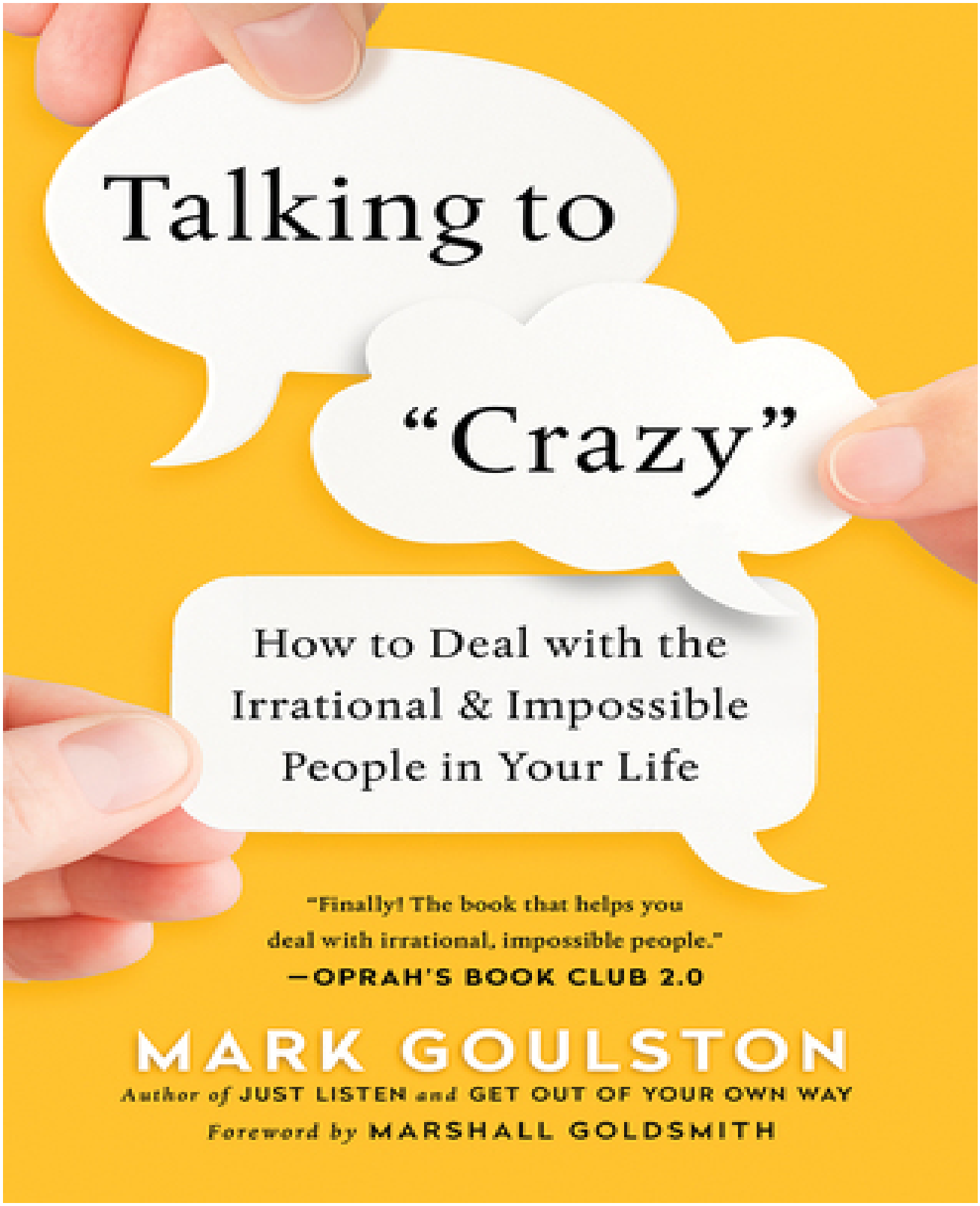

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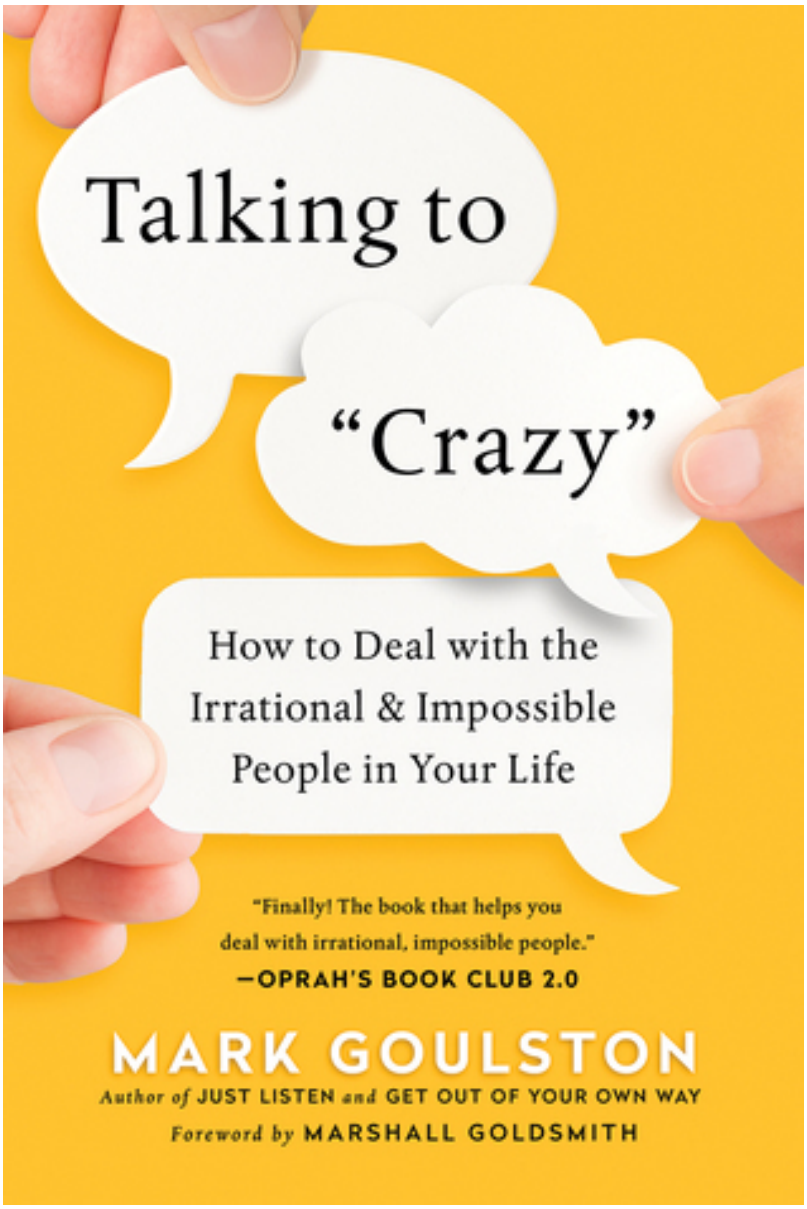

SYPNOSIS

?Finally! The book that helps you deal with irrational, impossible people.? ? Oprah?s Book Club 2.0 Let?s face it: we all know people who are downright irrational. No matter how hard you try to reason with them, it never works. So what?s the solution? How do you talk to someone who just won?t listen? What can you do with an unrealistic boss, an angry spouse, or an overly emotional friend?You can?t win by ignoring the insanity &mash; and you can?t argue it away. But you can stop it cold. Top-ranked psychiatrist and communication expert Mark Goulston shows you how in Talking to ?Crazy?, a life-changing book for everyone trapped in maddening personal or professional relationships.Goulston unlocks the mysteries of the irrational mind, and explains how faulty thinking patterns develop. His keen insights are matched by a set of counterintuitive strategies proven to defuse crazy behavior, along with scripts, examples, and exercises that teach you how to use them. You?ll learn:? Why

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